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How to set hamilton beach microwave to 50 power

good morning today I want to go over the control panel operation of your microwave oven and I'm going to be getting the information from the owners manual and we're going to be going over the control panel here so let me just zoom in and we'll get started great first of all we're going to start with setting the clock and that is fairly easy you have two options you can set it to military time or set it to regular time and to do that you just press on CLOCK 12 hours or 24 that is military time so if you'd like to set it to military time you need to press 24 and then type the time regular time 12 clock then you hit 12 and then just punch in the time and then that'll set your clock 11:06 right now setting the kitchen timer that's a neat feature if all your timers are being used you're cooking a lot you just want to set your kitchen timer then you just hit kitchen timer say it's a one-minute could hit it again and it will start counting down next we're going to go to express and express here with the parentheses here what you can do is just press one and it'll start microwave oven and that goes all the way to 6 minutes if you want to say cook oatmeal every morning I cook it and it's one minute 30 seconds I just press one minute plus 30 seconds and that's also that's a nice little feature there we'll go over that for seven eight and nine or if you want to do say three minutes 45 seconds you're going to need to use your time cook button so you press time cook and do three minutes 45 seconds and then press start and that gets your say you want to do five minutes 45 seconds you'll need to do time cook five minutes 45 seconds and then press Start so that's how you use your express cook and also using seven eight and nine using your time cook button to set that makes adding 30 seconds so you just want to heat something up really quickly you can just hit 30 seconds say it's a minute-and-a-half you can just do a minute-and-a-half it you can keep adding 30 seconds to your microwave time and that's really a nice feature the next is the time button using the power level some recipes call for fifty percent of the power level so what you would do is click on Power Level cook and say it's five minutes at fifty percent of the power so you hit power level and then 10 his full power 5 is 50% and then press Start so your meal is going to be cooking at fifty percent of the power and here is a table that you can use in your owners manual so if you say you wanted to cook at twenty percent of the power you press 2 when you hit power level so that's that's pretty easy setting the time defrost time frost is basically saying when you put a piece of chicken and in there you know exactly how long it's going to take to defrost that piece of chicken so you would put time in and you know it's going to take five minutes then you do that and press start and then it will start defrosting chicken and it'll take five minutes now if you're not sure how long it'll take say to defrost like whole package of chicken or a whole package of ground beef it says right on the packaging the weight of the ground meat or the chicken so you can use weight defrost so you'll punch in the weight and the ounces so it's a pound and a half of ground beef so you would press weight and it's asking you for the pounds one pound and eight ounces and then hit start and it's going to take a little over 16 minutes to defrost that pound and a half of ground meat so that is a nice feature to just walk away from that one touch cook is here it's your one touch baked potato popcorn pizza beverage frozen dinner and reheat baked potato and you can put in one baked potato one it gives you a few seconds to act so you have two baked potatoes and it will calculate how long with a second so it'll take on nine minutes to bake those two potatoes you can go up to two baked potatoes popcorn is just one bag of popcorn, pizza is up to two slices so the first slice one piece if you have another slice to give it a few seconds and about a minute and a half of that one piece in 30 seconds there next is the beverage, beverage starts out at four ounces and will keep going up to 4 ounces if you know it 12 ounces glass of milk some tea and you just go up to 12 ounces and then if you give it a second it'll calculate it's going to take a little over two minutes to heat frozen dinner and this is something that you have in the freezer just hit frozen dinner and it's about the same if it goes based on 7 ounces you're reheating a plate of dinner you can click reheat and that's about two minutes 30 seconds and say in the middle of your cooking you want to stir that dinner make sure it's cooking evenly you can press pause open the door stir and hit start again in middle and that's the one touch cook so this is one touch cook express cook and then these numbers here you'll need time cook next we're going to go over two stage cook some frozen dinners require that you do two stage cooking the first stage meaning cooking at full power the second stage to use fifty percent of power so we're going to do that instead of you having to come back and change the power we can just set it all at one time so we'll say the first stage is 100% power and it calls for five minutes at full power 3 minutes fifty percent of power so that's really easy so we're going to go time cook five minutes and then we'll go to power level and we're going press ten that's ten and then you have time to cook it gives you a number two and the stage 2 three minutes and then the power is going to be five or fifty percent and press start so first part is going to cook at full power and then the second part is going to cook at fifty percent of the power and then when it's all done cooking the microwave oven will default to 100% power which is 10 also if your meal needs to sit say 5 minutes that would be eight minutes of cooking time plus five minutes of sitting time so that would be 13 minutes you can set your microwave kitchen timer for 13 minutes and that will beep one it's been cooked and sat and rested for awhile and then it's complete so that's nice next lastly setting child lock easy here you have a picture of lock and then it says hold and then unlock so you're going to use your Stop Clear button so what you're going to do is just press stop clear for three seconds and then here it will illuminate lock so if you know somebody wants to use the microwave oven popcorn it's not going to work if they want to use Express cook it's not going to work until you unlock so then you'll need to press stop clear again for 30 seconds and then it's unlocked so we can press popcorn I hope this demonstration was helpful to you thank you for watching and please share the video. Source: YouTube You may sometimes need to change the Power Level when cooking or heating foods in the microwave. This something that is easily done. To change the power level on most models: Press Time Cook, Micro Cook or Cook Time. Enter the cooking time in minutes and seconds. Press Power Level. Select a desired power level between 1-10 (Default is 10 which is the highest power level). Press the Start/Pause button. To change the power level on most "selector dial" models: Set the cook time. Press the Power Level button. Turn the dial clockwise to increase or counter-clockwise to decrease the power level. Press the dial to enter. Press the Start/Pause button to start cooking. For instructions specific to your model, please consult your Owner's Manual. Ryan McVay/Photodisc/Getty Images According to The California Energy Commission, microwave ovens use half the energy conventional ovens do, making the microwave a much more time efficient and energy efficient appliance for cooking smaller meals. You can save money and energy by adjusting your microwave's cooking power. In fact, you can still cook many of the foods you normally cook or defrost and not have to worry about overcooking food, just by lowering the cooking power on your microwave. By making this simple change, you can conserve energy and reduce the amount of energy expended by your microwave, which may make it last longer. Use the keypad on your microwave to press the numbers that coincide with the amount of time you wish to cook your food for. Locate the "Power" button on your microwave. This button is located on most microwaves among the other functions of the microwave, such as "defrost," "cook," "stop" and "start" buttons. Press the "Power" button. Once you press the power button, a number will show up on the microwave display. Depending on what type of microwave you have, the number will differ; however, most microwaves display 100 percent as the default cooking power. Delete the pre-set percentage by immediately pressing the corresponding numbers of the power percentage you want your microwave to cook at. If you want the microwave to cook at 50 percent of its power, press the numbers "5" and "0." Press the "Start" button after you have entered the power percentage you want your microwave to cook at. The microwave will turn on and begin cooking your food. According to the United States Department of Agriculture, eggs, cheese and solid meat, when cooked on high heat in the microwave, can become tough. To ensure that these food products do not become overcooked, try reducing the cooking power. The most beneficial cooking power for large cuts of meats is a reduced cooking power of 50 percent; however, you need to cook these meats for a longer length of time. SavingElectricity.com states that the cheapest way to bake is to use a crockpot or microwave. The California Energy Commission suggests using the microwave more often during the summer, since it reduces the amount of heat produced by the oven, which can save you money on your cooling bill. Read Read Read Read Read Read SIGNALS DURING OVEN SETTINGS ONE SIGNAL: Oven accepts the entry. TWO SIGNALS: Oven does not accept the entry, check and try again. SETTING THE CLOCK Touch CLOCK pad. 1. Use the number pads to enter the correct 2. time. You must touch at least three numbers to set the clock (one for hour and two for minutes). Touch CLOCK pad again. 3. NOTE: This is a 12 hour clock. When the oven is first plugged in or when power resumes after a power interruption, the display will show ENTER CLOCK TIME. If you prefer to not have the clock displayed, touch RESET. You can check the clock time while cooking is in progress by touching the CLOCK pad. SETTING THE OVEN TIMER Touch TIMER. 1. Enter the amount of time by touching the 2. number pads. Digit time is in minutes and seconds and set left to right. Set one digit (a 5 for 5 seconds) or up to four digits (2405 for 24 minutes, 5 seconds). Touch START/STOP. 3. NOTE: Time countdown can be seen in display before clock or cooking time is returned to display. Touch TIMER and then touch RESET to cancel TIMER during timing process. SETTING A COOKING PROGRAM A. One-stage Cooking Use the number pads to set a cooking time. 1. You can set a cooking time from one second to 99 minutes and 99 seconds. 2. If you want to set a power level other than 100% power, touch POWER button, then use the number pads to enter the power level. Touch START/STOP to start cooking. 3. Use single digits to set a cooking power level. Number pad 1, 0 9 8 7 6 5 4 3 2 1 0 B. Two-stage Cooking Some recipes require different stages of cooking at different temperatures. SET STAGE 1: 1. Follow steps 1 and 2 in "One-stage Cooking". DO NOT TOUCH START/STOP SET STAGE 2: 2. Touch COOK then enter proper cooking time and (lower) power level. (Most 2-stage recipes use lower power for second stage.) Touch START/STOP. 3. NOTE: After total time has elapsed, 4 signals sound and End appears in display. Touch RESET or open oven door to clear End before starting another cooking function. 9 N S N S Cooking power 100% 90% 80% 70% 60% 50% 40% 30% 20% 10% 0%

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